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# 1 Evaluation of *Phytolacca dodecandra* stem and leaf 2 hydroethanolic extract's in vivo anti-rabies activity

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## 4 Abstract

5 A mouse model was utilized in the study to assess the antirabies effectiveness of a  
6 hydroethanolic extract of the stems and leaves of *Phytolacca dodecandra* (L' Herit) (Phyto-  
7 laccaceae), one of the plants that is frequently used in Ethiopia for the traditional treatment  
8 of rabies in humans and animals. Based on the difference in the survival rate and duration  
9 (days) of the group of mice challenged with the rabies virus, the antirabies activity of both  
10 portions of the plant extract in doses of 300, 600, and 1000 mg/kg was compared with the  
11 negative control (CVS-11). The results revealed that mice's survival times were considerably  
12 reduced ( $P < 0.05$ ) when compared to both the positive and negative control groups, but not  
13 significantly ( $P > 0.05$ ) when compared to all doses of the plant's stems and 300 and 600  
14 mg/kg dosages of its leaves. However, when compared to the mice's respective negative  
15 control group, the mice's survival duration increased significantly ( $P < 0.05$ ) after receiving  
16 a dose of 1000 mg/kg of the plant extract from the leaves. The discovery suggested the  
17 presence of some anti-rabies activity in *P. dodecandra* leaf extract at higher doses, but more  
18 research is required to clarify its active components.

19 **Keywords:** Anti-rabies, In vivo, Hydroethanolic Extract, *Phytolacca dodecandra*

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## 1 INTRODUCTION

All warm-blooded animals, including humans, can develop encephalitis from the lethal viral zoonotic disease rabies [1]. Even though the disease first showed up in the fourth century B.C., a clear diagnosis could not be made until the first century B.C. Since Louis Pasteur created the first rabies vaccine for humans in 1885, there have been tremendous advancements in this sector, including improvements in laboratory diagnosis, immunization, and rabies management in wild, domestic, and farm animals.

An estimated 55,000 people are killed by rabies every year, predominantly in Asia and Africa. Although rabies-related deaths are a substantial cause of death in many underdeveloped nations, the economic impact of rabies is likely much bigger than overt human mortality. The projected global economic cost of rabies is more than \$583 million, which does not account for the suffering that rabies-related deaths cause in families and communities. Due to the many treatments available for the illness, costs related to rabid animals and those incurred from the moment an animal was suspected of being rabid were substantial. Even though rabies can be effectively managed in domesticated animals by a variety of practical and generally accessible vaccines, canine rabies remains a severe issue in Africa, particularly Ethiopia.

Herbal remedies made of herbs, herbal materials, herbal preparations, and completed herbal products (including plant parts or other plant materials as active components) are included in traditional medicine (TM). 70% to 95% of the population of most developing nations, particularly those in Asia, Africa, Latin America, and the Middle East, relies on traditional medicines to cure various disorders. To maintain health and treat illnesses in both humans and animals, herbal remedies can be made from plant roots, leaves, bark, seeds, berries, or flowers. The mixture of secondary products found in plants that have historically been employed as sources of medicine and are still used as the foundation for many pharmaceuticals today is usually what causes plant materials to have good therapeutic effects [2].

90% of the population in Ethiopia relies on TMs to treat illnesses in both humans and animals, as they have done since the beginning of time. Ethiopia's populace, both urban and rural, uses traditional medicine widely. This widespread use may be due to traditional medicine's cultural acceptance, physical accessibility, and financial affordability when compared to modern medicine. Different indigenous groups and regions of Ethiopia have reported using a variety of traditional anti-rabies herbs for the treatment of rabies in both humans and animals. *Phytolacca dodecandra* is one of the known plants that is frequently used in Ethiopia for the conventional treatment of rabies in both humans and animals. However, some research has been done to determine whether these and other unnamed ethnomedicinal plants are effective at treating

54 rabies [3].

55 Even though many different vaccines can be used to cure rabies, it is still important to keep  
56 looking for novel substances that include anti-rabies agents. Nearly 25% of contemporary med-  
57 ications come from plants that were first utilized traditionally [4]. In many regions of Ethiopia,  
58 people use traditional herbal medicine as one of their primary forms of treatment for rabies.  
59 Despite this, traditional anti-rabies herbal medicines in Ethiopia are not as well supported by  
60 research or understood as traditional anti-rabies vaccines. Ethiopian Health Research Institute  
61 (EHNRI) and other health centres/institutions in Ethiopia reported that adverse fatal side effects  
62 and cases of rabies deaths after traditional treatment were the biggest problems due to the non-  
63 standardization of constituents, quality, and efficacy of these traditionally used anti-rabies herbal  
64 remedies, despite the lack of published evidence on the overall problems posed by these reme-  
65 dies. However, locals and traditional rabies healers in Ethiopia assert that these indigenous  
66 plants may treat rabies in both humans and animals [5]. Furthermore, the exploration of a  
67 novel anti-rabies component generated from plants is crucial for the advancement of biomedical  
68 research as well as the fight against rabies in humans and animals.

69 Different researchers have noted the use of about twelve traditional antirabies plants by  
70 various indigenous people from various regions of Ethiopia to treat rabies in both humans and  
71 animals. Only Deressa and his colleagues [6] evaluated the effectiveness of anti-rabies activities  
72 of crude extract of *Salix subserrata* and *Silene macroselen* plants in mice, which increased the  
73 survival period (Days) of experimental mice compared to the control group of mice. Modern  
74 pharmaceutical practices, however, have not been used to evaluate the efficacy of these plants  
75 against rabies. Among the many ethnic groups of Ethiopia, *P. dodecandra* has a long history of  
76 usage in the treatment of rabies in both humans and animals. However, no research has been  
77 done to assess the anti-rabies activity of extracts from *P. dodecandra*'s stems and leaves in both  
78 in vivo and in vitro systems. Therefore, the study's goals were to compare the hydroethanolic  
79 extract of *P. dodecandra*'s stems and leaves to a negative control group of Swiss albino mice to  
80 assess its anti-rabies effects [7].

## 81 **2 MATERIALS AND METHODS**

### 82 **Preparation and Extraction of Plant material**

83 *P. dodecandra* stems and leaves, which are utilized by traditional healers, were harvested  
84 from their native environment, cleaned carefully, chopped into pieces, air-dried (dried inside  
85 without exposure to sunlight), reduced to little bits, and stored in a deep freezer until the

86 plant material was extracted. Plant materials were weighed using a precise digital balance  
87 before being macerated in 80% ethanol and concentrated following the instructions provided  
88 by Debella [8]. In a one-litre Erlenmeyer flask, 100 g of powdered plant material was steeped  
89 in 1000 ml of 80% ethanol. The flask containing the mixture of dissolved plant components and  
90 80% ethanol was sealed with cotton wool and shaken continuously for 24 hours at 120–190  
91 rpm. After 24 hours, the supernatant was concentrated using a rotary evaporator and filtered  
92 using Whatman (No. 1) filter paper. The remaining solvent was then evaporated to dryness  
93 using a vacuum and a water bath at +40°C. The residue was given extra solvent, and it was  
94 filtered twice more. Finally, during the duration of the investigation, the yield of extracts was  
95 kept at -4°C in an airtight container [4].

#### 96 **Animals Used in Experiments and Their Care**

97 The male and female Swiss albino mice used in the experiment ranged in age from 4 to  
98 7 weeks and weight from 20 to 35 g. The Ethiopian Health and Nutrition Research Institute's  
99 regular laboratory animal house served as the breeding facility for all laboratory animals used in  
100 this experiment (EHNRI). All of the animals used in the experiment were treated following the  
101 accepted practices for the use and care of laboratory animals, and the experiment was approved  
102 by EHNRI. Animals were kept in a littered, clean metal cage with a 12-hour light/dark cycle, with  
103 the litter being changed every three days, after being taken from the laboratory animal unit [9].  
104 To evaluate the anti-rabies activity of both portions of the plant extract, mice were randomly  
105 divided into six groups and housed in a single cage with other mice of the same sex. The animals  
106 were given unlimited access to fresh water and pelleted food (Mice cubes). Before beginning any  
107 experimental technique, the animals were allowed to acclimatize under controlled settings for  
108 at least three days, and each animal was utilized only once. All experimental animals received a  
109 consistent food regimen. According to WHO guidelines for anti-rabies pre-exposure prophylaxis,  
110 the investigator and all staff caring for animals that had been infected with the rabies virus  
111 received three doses of the commercially available pre-exposure anti-rabies vaccine Verorab  
112 (PVRV, Sanofi Pasteur, France) intramuscularly on days 0, 7, and 21 [10].

#### 113 **Virus strain and its Inoculation**

114 The virus was diluted with phosphate-buffered saline (PBS) solution in Atlanta, Georgia, USA  
115 to contain 50–200 mouse intra-masseter 50% lethal doses (MIMLD<sub>50</sub>) per 0.03 ml for a single  
116 challenge, as determined by Reed and Muench methods before this experiment was carried  
117 out. The virus was created from suckling mouse brains infected with rabies. The protocols for  
118 this study adhered to the regulations for good laboratory practice (GLP) in rabies as well as  
119 the recommendations for the care and welfare of research animals [11]. Based on the method

120 Wunderli and his colleagues used, CVS-11 viral inoculation via intramuscular muscle was carried  
 121 out. Consequently, all mouse groups received a day 0 inoculation of the CVS-11 virus strain.  
 122 After an hour of a CVS challenge, treatment groups of mice received doses of 300, 600, and  
 123 1000 mg extracts of both the stems and leaves of *P. dodecandra* for seven consecutive days.

**TABLE 1**

Experimental mice have been divided into various groups, each with a description

Groups	No. of mice in the group	Description
AS	12	Received 300 mg/kg of <i>P.dodecandra</i> stems extract for 7 days, Per Os
BS	12	Received 600 mg/kg of <i>P.dodecandra</i> stems extract for 7 days, Per Os
CS	12	Received 1000 mg/kg of <i>P.dodecandra</i> stems extract for 7 days, Per Os
AL	12	Received 300 mg/kg of <i>P.dodecandra</i> leaves extract for 7 days, Per Os
BL	12	Received 600 mg/kg of <i>P.dodecandra</i> leaves extract for 7 days, Per Os
CL	12	Received 1000 mg/kg of <i>P.dodecandra</i> leaves extract for 7 days, Per Os
D	12	Placebo received 1 ml of Distilled water (dH <sub>2</sub> O), Per Os

#### 124 **Experimental Design**

125 The treatment group and the harmful control group were given random assignments to  
 126 the animals [Table 1]. Three dose levels (300, 600, and 1000 mg/kg) for each part of the  
 127 plant extract were used in the treatment groups, which were divided into three sub-groups for  
 128 each dose of the two parts of the plant extract. Instead of both portions of the plant extracts,

TABLE 2

Effects of *P. dodecandra* stems and leaves extracts on mice exposed to the rabies virus in terms of percentage survival and mean survival time

Groups	Survival n (%)	Death n (%)	Days of survival (Mean±SD)
AS (300 mg/kg)	0 (0%)	10 (98.86%)	9.87± 1.68
BS (600 mg/kg)	1 (9.7%)	8 (86%)	12.41±5.38
CS (1000 mg/kg)	0 (0%)	10 (98.32%)	10.38± 1.65
AL (300 mg/kg)	0 (0%)	11 (99%)	10.82± 4.82
BL (600 mg/kg)	1 (9.3%)	10 (90.9%)	8.07± 0.86
CL (1000 mg/kg)	5 (38.92%)	7(66.4 %)	22.86± 5.42
D (Placebo)	0 (0%)	12 (100% )	9.18± 1.46

TABLE 3

Comparison of treatment group mice's survival times and survival rates with the mice in the negative control group

Groups	Survival expectancy (days)	time/Life Mean Dif-	†P-value	‡P-value
AS (300 mg/kg)	-0.86		0.241	nd
BS (600 mg/kg)	-3.19		0.124	0.432
CS (1000 mg/kg)	-1.29		0.059	nd
AL (300 mg/kg)	-1.75		0.368	0.435
BL (600 mg/kg)	-0.93		0.123	nd
CL (1000 mg/kg)	-12.98		0.000	0.187

†P-value for the Student's t-test comparison of the survival time with the negative control group (D); P-value for the Chi-square using Fisher's exact test comparing the survival rate with the negative control group (D); AS, BS & CS (300, 600 & 1000 mg/kg stems, respectively); AL, BL & CL (300, 600& 1000 mg/kg leaves, respectively), nd=not done

one placebo-negative control group of mice was given dH<sub>2</sub>O and then challenged with CVS-11. Table 1 lists categories of experimental animal species. Utilizing a metal cage and a 12-hour light/dark cycle, administering the extracts along with distilled water (dH<sub>2</sub>O) was carried out using a litter and an intragastric needle based on the animal's body weight in a 1-ml vehicle [12].

### Determination of Mortality Rate

The clinical indications of rabies and/or a direct fluorescent antibody test were used to estimate mortality rates (FAT). All mice were kept and monitored for a total of 30 days after the virus challenge. After contracting the rabies virus, they were checked daily for symptoms of the disease, such as rough fur, tremors, incoordination, paralysis, and prostration. Any symptoms of the disease were noted daily on the mouse history cards [13]. Direct FAT was stained using rabies anti-nucleocapsid antibodies that are available for purchase (monoclonal antibodies) and are labelled with fluorescein isothiocyanate (FITC)-dye ® (rabies conjugate anti-nucleocapsid, BIORAD, South Africa). The working dilution was made following the manufacturer's instructions [14].

Opening the mice's skulls and collecting their brains following the Dean and Albelseth-specified technique allowed for the direct FAT confirmation diagnosis of rabies. In a nutshell, the tails of mice and the rostral end of the heads were pinned in a vice that was installed on the operating table. On the dorsal surface of the head, a midline incision was created with a scalpel and blade. The brain tissues were then revealed by scissor-cutting the top of the skull (Calvarium), which was done after removing the skin, aponeurosis, and temporal muscles and reflecting them laterally. The cerebellum, hippocampus, brain stem, and any other brain tissues that were present were included in the brain sample, and an impression smear was created for direct FAT. According to Kissling [15] specified steps, a standardized methodology for the direct FAT was carried out. In a nutshell, brain tissues were processed as impression smears on slides, which were then air-dried for 15–20 minutes at room temperature. Acetone was used to fix the smears for an hour overnight at -20°C.

Brain impression smears were stained for 30 min. at 37<sup>0</sup> C. with FITC-labelled anti-rabies conjugate. Finally, after too much conjugate had been removed from the slides and mounting medium had been applied, the slides were examined with a fluorescence microscope using a 40X objective to look for the distinctive green fluorescence linked to the rabies antigen [16]. All rabies-infected tissues that were processed on infected mice were disposed of as medical waste, and all samples used for rabies diagnosis were handled with the proper biosafety precautions to prevent direct contact with possibly contaminated tissues or fluids.

### Statistical Analysis

163 To estimate the survival rate and mean survival time (Days) in each group of mice, data were  
164 analysed using SPSS version 20 and various statistical techniques. To compare the number of  
165 survivors (Survival rate) in various groups of mice, The significance of observed variations in  
166 the mean survival time (Days) of the mouse groups was determined using the Student's t-test.  
167 In all two-tailed statistical studies, P values less than 0.05 were regarded as significant [17].

### 168 3 RESULTS

169 The study's findings included % survival and mean survival time for groups of mice infected  
170 and treated with both parts of plant extract as well as infected but treated with both parts of  
171 plant extract. No mice were protected from rabies deaths from groups of mice treated with  
172 hydroethanolic extract of stems of *P. dodecandra* at doses of 300 mg/kg and 1000 mg/kg, and  
173 only 1 (9.7%) of mice were protected when the same plant part administered at dose level of 600  
174 mg/kg. These groups of mice were infected with the rabies virus but not treated with any plant  
175 extracts, showing a 0% survival rate and 9.18 days survival time. The average number of days  
176 that mice were exposed to *P. dodecandra* stem extract at doses of 300, 600, and 1000 mg/kg  
177 survived was 9.87, 12.41, and 10.38, respectively (Table 2). In terms of their percentage survival  
178 and mean survival duration, groups of mice treated with all doses of a plant extract from the  
179 roots and the negative control group of mice showed almost similar findings. In groups of mice  
180 given hydroethanolic extracts of *P. dodecandra* leaves at dosages of 300, 600, and 1000 mg/kg,  
181 0 (0%), 1(9.7%), and 5 (38.92%) mice, respectively, were protected from rabies fatalities.

182 The mice in the 300, 600, and 1000 mg/kg leaf extract of the *P. dodecandra* group had mean  
183 survival times of 10.81, 8.18, and 22.83 days, respectively [Table 2]. In contrast to the effects  
184 of all dosages of the plant's stem extract, a relatively greater percentage survival (33.3%) and  
185 mean survival length (22.83 days) was achieved when an extract of *P. dodecandra* leaves was  
186 provided at a dose of 1000 mg/kg. The findings showed that none of the doses of either portion  
187 of the plant extract substantially ( $P > 0.05$ ) increased the survival rate of mice compared to the  
188 mice in the negative control group. The outcome also revealed that none of the concentrations  
189 of plant extract taken from the stems, nor the 300 mg/kg and 600 mg/kg taken from the leaves,  
190 substantially lengthened the time that mice survived (days) when compared to the mice in the  
191 negative control group ( $P > 0.05$ ). However, the mice's survival time (days) was considerably  
192 extended by the plant extract from the leaves at a level of 1000 mg/kg ( $P < 0.05$ ) when compared  
193 to the negative control groups [Table 3].



## 4 Discussion

Comparing the negative control group to neither of the plant extract's parts significantly increased the percentage of mice in the treatment group that survived. The lack of chemicals (if present, they exist in trace amounts) that impede the growth and pathogenesis of the rabies virus in examined mice may be the cause of the ineffectiveness of all dosages of the plant's stems and 300 and 600 mg/kg doses of its leaves. On the other hand, the purpose of anti-rabies vaccinations is to increase the production of anti-virus antibodies that limit infection from mice that have received an injection of the rabies virus (CVS-11). The oral treatment of rabies-infected mice with a higher dose (1000 mg/kg) of *P. dodecandra* leaves given over seven days increased the mean survival time significantly ( $P < 0.05$ ) compared to the negative control group, indicating that the hydroethanolic extract of *P. dodecandra* leaves has some antirabies activity. The effect of *P. dodecandra* leaf extract on survival time was dose-dependent (the higher dose showed higher survival time than lower doses), whereas the effect of stems extract did not depend on dose (none of the three doses of stems extract significantly extended survival time or prevented death in mice).

The presence of the ribosomal inhibitory protein (RIP) dodecandrin, which has been shown to have antiviral properties, may be a sign that the hydroethanolic extract of *P. dodecandra* leaves has some anti-rabies action. The impact of *P. dodecandra* leaf extract on tested mice in extending survival time may be attributable to various secondary metabolites of the plant parts or their combined actions. Higher doses of the plant part's leaf extract may contain chemicals that have an impact on the rabies virus's *in vivo* pathogenesis and reproduction than lesser doses do. The leaf extract of *P. dodecandra* has been shown in other earlier research to have moderate effectiveness against the coxsackie virus in an *in vitro* system. The epizootic lymphangitis-causing bacteria *Histoplasma capsulatum* var. *farcinosum*, *Staphylococcus aureus*, and *Pseudomonas aeruginosa* were all significantly inhibited by hydroalcoholic extracts of *P. dodecandra*'s aerial portions, according to Tadeg and his colleagues.

There were further reports of plants with antiviral and/or anti-rabies action when evaluated *in vitro* or *in vivo* systems. *Alamanda schottii* leaves and flowers were evaluated by Muller and his colleagues using a technique that tested the extract's *in vitro* antirabies activity. Aqueous extract of *Nepeta nepetella* leaves also exhibits antiviral activity, according to Abad and his coworkers. Contrarily, Deressa and his coworkers reported that crude hydromethanolic and chloroform extracts of *S. macroselen* roots and chloroform and aqueous extracts of *S. subserrata* leaves significantly increased the survival period of experimental mice when compared to the mice in the negative control group.

## 5 Conclusion

When compared to negative control groups, the hydroethanolic extract of *P. dodecandra*'s stems and leaves did not significantly increase the survival rate of mice. However, when compared to a negative control group of mice, a leaf extract from the plant had some anti-rabies action at a treatment level of 1000 mg/kg. The results showed that an extract of *P. dodecandra* leaves had some anti-rabies action at higher dose levels. The active components of the *P. dodecandra* leaf extract that has anti-rabies activity should thus be further investigated to identify other beneficial chemicals.

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### Conflict

Nil.

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