

# Future Journal of Pharmaceuticals and Health Sciences

Published by Pharma Springs Publication Journal Home Page: <u>https://pharmasprings.com/fjphs</u>

## Formulation and Evaluation of Transdermal Film of Nitroglycerin

Arava Vidyadhari<sup>\*1®</sup>, Guduru Rajeswari<sup>2®</sup>, Dodda Chinni Krishna Reddy<sup>3®</sup>, Gangala Sudarsana<sup>3®</sup>, Gundala Mamatha<sup>3®</sup>, Kuramutla Sisindri<sup>3®</sup>, Podili Swarna Latha<sup>3®</sup>, Ramakkagari Sandhya Rani<sup>3®</sup>, Shaik Shajiya Taslim<sup>2®</sup>

<sup>1</sup>Department of Pharmacology, Saastra College of Pharmaceutical Education & Research, Near Varigonda Jwalamukhi Temple, Muthukur Raod, Kakupalli, Nellore-524311, Andhra Pradesh, India <sup>2</sup>Department of Pharmacology, Saastra College of Pharmaceutical Education & Research, Near Varigonda Jwalamukhi Temple, Muthukur Raod, Kakupalli, Nellore-524311, Andhra Pradesh, India <sup>3</sup>Saastra College of Pharmaceutical Education & Research, Near Varigonda Jwalamukhi Temple, Muthukur Raod, Kakupalli, Nellore-524311, Andhra Pradesh, India

Article History:	ABSTRACT Check for updates
Received on: 01 Mar 2021 Revised on: 13 Mar 2021 Accepted on: 15 Mar 2021 <i>Keywords:</i> Nitroglycerin, HPMC.	The aim of the present study was to prepare and evaluate transdermal Films of Nitroglycerin using HPMC, Cellulose acetate phthalate, ethyl cellulose and Polypropylene glycol as a rate controlling membranes and HPMC, Cellulose acetate phthalate, ethyl cellulose as drug reservoir gels. Transdermal Films of Nitroglycerin with HPMC, Cellulose acetate phthalate, ethyl cellulose by varying the blend ratios were prepared by solvent casting method. The thickness medium range between $0.18 \pm 0.02$ mm to $0.22 \pm 0.03$ mm whatever signifies
Ethyl Cellulose, Cellulose Acetate Phthalate	that they're military uniform in thickness. The customized formulation NF1 acquires stability reports for one to three months and the general films were tested for drug content and <i>In-vitro</i> diffusion.

\*Corresponding Author

Name: Arava Vidyadhari Phone: +91 6302192037 Email: aravavidhyadhari@gmail.com

eISSN: 2583-116X pISSN:

DOI: https://doi.org/10.26452/



Production and Hosted by Pharmasprings.com © 2021 | All rights reserved.

## **INTRODUCTION**

In the present study, we aimed to deliver anti angina drug nitroglycerin for developing transdermal therapeutic systems for controlled release. Hence studies have been undertaken in the present investigation on membrane moderated therapeutic systems by employing HPMC, Cellulose acetate phthalate, ethyl cellulose and Polypropylene glycol as a rate controlling membranes and HPMC, Cellulose acetate phthalate, ethyl cellulose as drug reservoir gels [1]. The manner of biosmiliars is certain in order to avoid of chronic disorders specified hypertension, which need longer term dosing to take care of therapeutically drug concentration. Transdermal pitch of CVS drugs throw up individual advantages as warding off hepatic first pass metabolic process, asserting constant blood level for a long per period leading to a reduction of care for frequency [2].

## MATERIALS AND METHODS

NItroglycerin used to be buying from Wockhardt Limited, Aurangabad. Hydroxy Propyl Methyl Cellulose, Cellulose acetate phthalate, Ethyl cellulose, Propylene glycol and dimethyl sulfoxide used to be frequent Pharmaceutics Private Limited, Mumbai and other ingredients victimised in with Analytical grade [Table 1].

## Methodology

## **Compatibility studies**

## IR studies

In the preparation of drug and polymer might inter-

act as they will be in close displace every one, which might cause the instability of drug preformulation studies [3].

## Procedure

Beaker that included 15 ml of purified water and 3 drops of glycerin was stirred up for 15 mints. The HPMC and PVP have been added slowly at unremitting soul-stirring for 30 mints [4]. Add Drug & Propylene glycol to with the above preparation it was get an aspect poured into transdermal mold & squelch a hot air oven for 15 minutes at 50°C subsequent to remove the Films restrain in desiccators [Table 5].

## **Evaluation of Transdermal Films**

## **Physical Appearance**

All entire formulated Films have been visually inspected for colour, flexibility, homogeneity and smoothness [5].

## Thickness

The Films was performed by screw gauge (micrometer) [6].

## Weight Variation

For each one Patch used to be weighed individually along with average weight of films used to be determined [7].

## **Moisture Content**

The Films (n =3) were weighed individually and kept in a desiccator containing calcium chloride at  $37^{\circ}$ C for 24 hrs [8]. Calculate the difference between initial and final weight of films.

## Flatness

Then variation within the length as a result of nonuniformity in flatness was sounded [9]. It was planned by measuring narrowing of strips.

## **Tensile Strength**

To be able to determine the stretching as a tensile strength, the polymeric patch drift in weights had been slowly added to the pan to increase the pulling work force till the patch was broken [10].

## **Folding Endurance**

This was determined by repeatedly folding one film at the same place till it broke. The number of times the film could be folded at the same place without breaking gave the value of folding endurance [11].

## Water Vapour Transmission Rate

The film was fixed over the brim of a glass vial, containing 3 g of fused calcium chloride as desiccant, with an adhesive tape. The vial was weighed and kept in desiccators containing saturated solution of potassium chloride to provide relative humidity of 84%. The vial was taken out and weighed at every 24 hrs interval for a period of 72 hrs. [12].

## Drug Content

The Films at 1cm2 were cut and added to a beaker containing 100ml of Phosphate buffered solution of pH 7.4. The medium was stirred with a Teflon coated magnetic bead for 5hrs [5].

## In vitro drug Permeation studies

*In vitro* release studies can be performed in a modified Franz diffusion cell over a period of time 12 hours. At specific time intervals, aliquots of samples containing the released drug are taken from the acceptor compartment and are quantified using a suitable method of determination [13].

## **Release Order Kinetics**

The data obtained of the *in vitro* dissolution studies acquire kinetic track record analysis [14].

Zero-order kinetics:  $Q_t = Q_o + K_o t$ 

First-order kinetics:  $Q_t = \log Q_o + K_1 t / 2.303$ 

Higuchi model:  $Q_t = K_H \cdot t^{1/2}$ ; Korsmeyer-Peppas release model:  $Mt / M_{\infty} = K \cdot t^n$ 

## **Stability Conditions**

Stability study of Nitroglycerin transdermal films was carried out at tracking temperatures for 40°C/75% RH one and three months the parameters estimated *In-vitro* diffusion [15].

## **RESULTS AND DISCUSSION**

## **Compatibility Studies**

The spectrum of the pure Nitroglycerin sample recorded by FTIR is shown in Figures 1, 2, 3, 4 and 5.

## **Evaluation of Nitroglycerin Transdermal Films**

## Physicochemical

The planned out formulations of Films used to be thin, flexible, elastic, smooth and transparent/ translucent [Table 2].

## Thickness

The variability between 0.18  $\pm$  0.02 mm to 0.22  $\pm$  0.03mm which signifies homogenous in thickness [Table 2].

## Weight Variation

The variability between 150  $\pm$  2.2mg to 221  $\pm$  2.6mg, Whichever signifies that assorted batches patch weights were similar [Table 2].

## **Moisture Content**

The variability between 2.432  $\pm$  0.01 % to 3.354  $\pm$  0.02 % [Table 2].

Ingredients	NF1	NF2	NF3	NF4	NF5	NF6
Nitroglycerin (mg)	100	100	100	100	100	100
Hydroxy Propyl Methyl Cellulose	400	-	-	100	100	-
(mg)						
Cellulose acetate phthalate (mg)	-	400	-	200	-	100
Ethyl cellulose (mg)	-	-	400	-	200	200
Propylene glycol (w/v)	40 %	40 %	40 %	40 %	40 %	40 %
Alcohol (ml)	10	10	10	10	10	10
Dimethylsulfoxide	20%	20%	20%	40%	40%	40%

#### **Table 1: Ingredients of Transdermal Films**

Parameters	NF1	NF2	NF3	NF4	NF5	NF6
Physical	Satisfactory	Satisfactory	Satisfactory	Satisfactory	Satisfactory	Satisfactory
Appearance						
Thickness	$0.20\pm0.04$	$0.18\pm0.02$	$0.19~\pm$	$0.22~\pm$	$0.20\pm0.04$	$0.21\pm0.05$
(mm)			0.03	0.03		
Weight	$210\pm1.19$	$170\pm2.20$	$150\pm2.2$	$221\pm2.6$	$202\pm5.0$	$187\pm2.2$
variation						
(mg)						
Moisture	$3.113\pm0.04$	$3.321\pm$	$3.354\pm$	$3.131\pm$	$2.432 \pm$	$3.114\pm0.23$
content		0.31	0.02	0.03	0.01	
Flatness (I)	98%	98%	98%	98%	98%	98%
Tensile	$11.12\pm1.11$	$12.14 \pm$	$11.89 \pm$	$12.12 \pm$	$12.23\pm$	$10.21\pm3.00$
strength		1.31	1.57	1.31	1.78	
$(Nm^{-2})$						
Folding	$170.1\pm3.10$	$150\pm2.34$	$160 \pm 1.10$	$134 \pm 5.3$	$143.2\pm4.5$	$100\pm2.43$
endurance						
(F)	$2110 \pm 0.24$	2 2 2 2 1	2 1 2 1	2 1 0 0	$251 \pm 0.24$	$2.01 \pm 0.21$
WVTR $(\pi/m^2)$	$3.110\pm0.24$	$3.232\pm 0.32$	$3.121 \pm$	$2.189 \pm$	$2.51\pm0.34$	$2.01\pm0.21$
$(g/m^2)$			0.14	0.04	0 < 2 + 0.2	$072 \pm 02$
Drug Content (%)	$98.2\pm0.2$	$97.1\pm0.1$	$96.9\pm0.2$	$97.8\pm0.3$	$96.3\pm0.2$	$97.2\pm0.3$

#### **Table 2: Evaluation of Transdermal Films**

#### Table 3: Cumulative % drug releases of Nitroglycerin Transdermal Films

	, i		87			
Time			% of Dr	ug release		
(Mints)						
	NF1	NF2	NF3	NF4	NF5	NF6
5	1.54	4.06	5.96	11.68	5.58	13.14
10	9.62	10.96	11.24	22.36	19.42	26.98
15	15.96	21.46	23.59	34.64	28.32	33.16
20	20.68	31.58	44.64	49.32	33.16	43.94
25	31.58	45.42	59.32	53.16	47.06	56.31
30	45.42	57.06	60.90	65.32	57.08	68.64
35	57.06	64.80	74.80	78.64	79.42	70.98
40	80.90	82.48	81.00	84.90	82.64	81.10
45	97.34	83.22	92.12	95.86	91.26	93.56

Model	NF	71	NF	2	NF	3	NF	4	N	F5	NFe	6
	$r^2$	m										
Zero order	0.655	69.4	0.655	69.4	0.939	1123	0.007	15.93	0.202	72.88	0.928	1414
First order	0.494	0.061	0.494	0.061	0.540	0.067	0.257	0.038	0.352	0.044	0.438	0.062
Higuchi's Matrix	0.516	4508	0.516	4508	0.767	7420	0.023	212.0	0.189	515.5	0.803	9618
Korsmeyer- Peppar	0.835	2.354	0.835	2.354	0.884	2.545	0.572	1.709	0.663	1.813	0.806	2.517

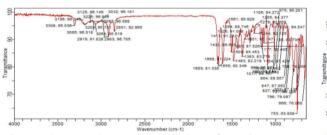
#### Table 4: Release kinetics of Nitroglycerin Transdermal Films NF1-NF6

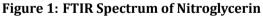
#### Table 5: Stability studies of the optimized formulation NF1

Time in (Mints)	Cumulative % Drug Release				
	Standard	After 1 Month	After 3 Month		
5	1.54	1.59	2.59		
10	9.62	9.79	10.79		
15	15.96	16.00	17.00		
20	20.68	22.68	23.68		
25	31.58	33.58	34.58		
30	45.42	46.42	47.42		
35	57.06	58.06	59.06		
40	80.90	81.90	82.90		
45	97.34	97.37	98.37		

#### Table 6: Stability studies of the Drug Content of optimized formulation NF1

Drug Content (%)	After 1 Month	After 3 Month
$98.2\pm0.2$	$98.3\pm0.1$	$99.5\pm0.3$





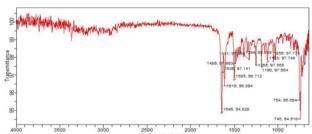


Figure 3: FTIR Spectrum of Cellulose acetate phthalate

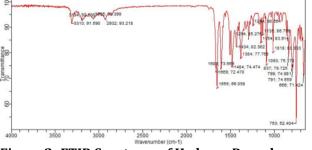


Figure 2: FTIR Spectrum of Hydroxy Propyl Methyl Cellulose

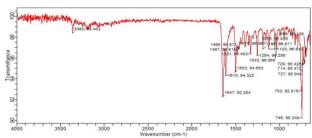


Figure 4: FTIR Spectrum of Ethylcellulose

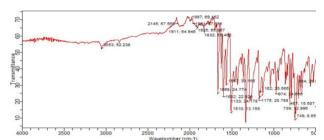


Figure 5: FTIR Spectrum of Mixture of compounds

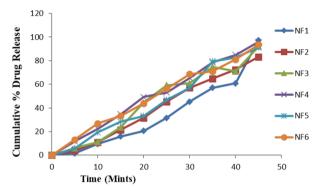


Figure 6: *In Vitro* diffusion Studies Nitroglycerin Transdermal Films

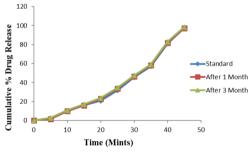


Figure 7: Stability studies of Optimized Formulation of NF1

#### Flatness

The flatness report displayed to that each one the formulation indicating 98% flatness [Table 2].

#### **Tensile Strength**

The NF1 to NF6 shows the 11.12  $\pm$  1.11 to 12.23  $\pm$ 1.31 shows the comprehensive viscosity [Table 2].

#### **Folding Endurance**

The NF1 to NF6 shows the 100  $\pm$  2.43 to 170.1  $\pm$  3.10 [Table 2].

#### Water Vapour Transmission Rate

The WVTR in NF1 to NF6 shows the 2.01  $\pm$  0.21 to 3.232  $\pm$  0.32 [Table 2].

#### **Drug Content**

The total amount of drug is present in the Films was found to be  $98.2 \pm 0.2$  to  $96.3 \pm 0.2$  % [Table 6].

#### In-vitro Drug Permeation studies

NF1 presented preeminent 97.34 % of drug release [Figure 6 and Table 3].

#### In vitro drug release kinetics

The *in vitro* drug diffusion data acquired was suited to various analytical models [Table 4].

## Stability Study

The NF1 was subjected to stability studies for 1 to 3 months and the films were tested for Drug content & *In-vitro* diffusion [Table 5 and Figures 6 and 7].

#### CONCLUSION

Finally, I over for which drug release during the films of Nitroglycerin obeys First order kinetics. Customized formulation NF1 obtained stability reports for 1 to 3 months and also the films were proven for drug content as well as *In-vitro* diffusion. The finding of fact of the current effect revealed that the problems of Nitroglycerin on oral like dissolution rate limited absorption and gastric unwanted effects can be sweep over by using Nitroglycerin locally in the form of transdermal films.

#### ACKNOWLEDGEMENT

I would like to thank Dr. G. H. Srinivaasa Rao Sir (Founder and Manager), Saastra College of Pharmaceutical Education & Research, Near Varigonda Jwalamuhi Temple, Muthukur Raod, Kakupalli, Nellore-524311, Andhra Pradesh, India.

#### **Funding Support**

The authors declare that they have no funding support for this study.

#### **Conflict of Interest**

The authors declare that there is no conflict of interest.

#### REFERENCES

- [1] R R Thenge, K G Mahajan, H S Sawarkar, V S Adhao, and P S Gangane. Formulation and evaluation of transdermal drug delivery system for lercanidipine hydrochloride. *International Journal of PharmTech Research*, 2(1):253–258, 2010.
- [2] Y Ramesh, A K M Anjana, D B Manjula, K Sankeerthana, L P Sri, and A Vasanthi. Formulation and evaluation of atenolol transdermal patches. *Creative Journal of Pharmaceutical Research*, 1(2):55–65, 2015.
- [3] P Koteswararao, S Duraivel, K P Sampath Kumar, and Debjit Bhowmik. Formulation

Anti-Hypertensive Drug Metoprolol Succinate. Indian Journal of Research in Pharmacy and *Biotechnology*, 1(5):629–639, 2013.

- [4] N Divva. R Hemalatha. M Nirosha. and S Ramkanth. Fabrication and evaluation of transdermal matrix patches of Metoprolol International Research Journal of Tartrate. Pharmaceutical and Applied Sciences, 7(4):31-35, 2017.
- [5] K S Vijayakumar, S Parthiban, G P Senthilkumar, and T Tamiz Mani. Formulation And Evaluation of Gliclazide Loaded Ethosomes As Transdermal Drug Delivery Carriers. Asian Journal of Research in Biological and Pharmaceutical Sciences, 2(2):89-98, 2014.
- [6] T Li, C Ren, M Wang, L Zhao, X Wang, and L Fang. Optimized preparation and evaluation of indomethacin transdermal patch. Asian Journal of Pharmaceutical Sciences, 2(6):249-259, 2007.
- [7] Yerikala Ramesh and Vadhireddy Sireesha. Transdermal patch of ramipril loaded chitosan nanoparticles dispersed in carbopol gel. Journal of Drug Delivery and Therapeutics, 7(6):56-65,2017.
- [8] D. N. Reddy. Design, development and characterization of clopidogrel bisulfate transdermal drug delivery system. Asian Journal of Pharmaceutical and Clinical Research, (8):277-280, 2015.
- [9] S Sucharitha and CH. Praveen Kumar. Ethosomes - a novel vesicular transdermal drug carrier. International Journal of Pharmacometrics and Integrated Biosciences, 1(1):1–6, 2016.
- [10] Shaila Lewis, S Pandey, and N Udupa. Design and evaluation of matrix type and membrane controlled transdermal delivery systems of nicotine suitable for use in smoking cessation. Indian Journal of Pharmaceutical Sciences, 68(2):179-184, 2006.
- [11] P Anitha, S Ramkanth, M T S Saleem, K Umasankari, B P Reddy, and M Chetty. Preparation, in-vitro and in-vivo characterization of transdermal patch containing glibenclamide and atenolol: a combinational approach. Pakistan Journal of Pharmaceutical Sciences, 24(2):155-163, 2011.
- [12] R M Viswanatha, R V Jayashankar, Y Ramesh, and I Venkateswarlu. Formulation and evaluation of fluconazole transdermal patches. International Journal of Institutional Pharmacy and Life Sciences, 1:18–29, 2011.

- And Evaluation Of Transdermal Patches Of [13] M Agil and Asgar Ali. Monolithic matrix type transdermal drug delivery systems of pinacidil monohydrate: in vitro characterisation. European Journal of Pharmaceutics and Biopharmaceutics, 54(2):161-164, 2002.
  - [14] Christopher W Jeans and Charles M Heard. A therapeutic dose of primaguine can be delivered across excised human skin from simple transdermal patches. International Journal of Pharmaceutics, 189(1):1-6, 1999.
  - [15] Y. S Rhee, S. Y Kwon, C. W Park, N. Y Choi, W. J Byun, S. C Chi, and E. S Park. Characterization of monolithic matrix patch system containing tulobuterol. Archives of Pharmacal Research, 31(8):1029-1034, 2008.

**Copyright:** This is an open access article distributed under the terms of the Creative Commons Attribution-NonCommercial-ShareAlike 4.0 License, which allows others to remix, tweak, and build upon the work non-commercially, as long as the author is credited and the new creations are licensed under the identical terms.

Cite this article: Arava Vidyadhari, Guduru Rajeswari, Dodda Chinni Krishna Reddy, Gangala Sudarsana, Gundala Mamatha, Kuramutla Sisindri, Podili Swarna Latha, Ramakkagari Sandhya Rani, Shaik Shajiya Taslim. Formulation and Evaluation of Transdermal Film of Nitroglycerin. Future J. Pharm. Health. Sci. 2021: 1(1): 37-42.



© 2021 Pharma Springs Publication.