

FUTURE JOURNAL OF PHARMACEUTICALS AND HEALTH SCIENCES

Published by Pharma Springs Publication

Journal Home Page: https://pharmasprings.com/fjphs

Demonstration for the Presentation of a Clinical Case Report/Study

Jayachandra Reddy P*

Associate Editor, Professor & Principal, Krishna Teja Pharmacy College, Chadalawada Nagar, Renigunta Road, Tirupathi, Andhra Pradesh-517506, India

Article History:	Abstract	Check for updates

Received on: 02 Mar 2021 Revised on: 08 Mar 2021 Accepted on: 12 Mar 2021

The Abstract is the key part of the case study/ case report; it should be short and descriptive and addresses the main agenda of the report. It summarizes the all-over content to be effective and preferably less than 150 words.

*Corresponding Author

Name: Jayachandra Reddy P Phone: 9032211999

Email: pmanreddy@gmail.com

eISSN: 2583-116X pISSN:

DOI: https://doi.org/10.26452/fjphs.v1i2.250



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INTRODUCTION

This section gave a rough overview of the topic focus. Background information should be collected from the relevant articles and note down the key points in the required format. Cite the references wherever needed. Review literature worth makes the case report to be effective [1, 2].

Case study

A case study can be defined as an intensive study about a patient with a detailed report of clinical manifestations, diagnosis, management, and follow-up [3]. Case reports defines usually a novel occurrence of a disease or rare conditions and some are focussing on ADR occurrence with a detailed study on how to manage them. Researchers describe how case studies examine complex phenomena in the natural setting to increase understanding of them.

Case studies and case reports are written by?

In the scientific and medical world, case studies and reports are written and submitted by doctors, nurses, pharmacists, medical researchers, postgraduate students of medicine, and healthcare-related students.

What is the goal of a case study or a case report?

The general purpose of a case study is to describe an individual situation (case) by a person, business, organization, or institute in detail. To identify the key issues of the case, to analyze the case using relevant theoretical concepts from the subject recommended a course of action for that particular case, particularly for problem-solving case studies.

Case

This part is the heart of a case report. This includes the details of the following parameters-

- 1. Patient demographic details
- 2. History and chief complaints of the present case
- 3. Past medical and medication history
- 4. Physical and systemic examination results
- 5. Laboratory results
- 6. Treatment chart or plan
- 7. Treatment goals
- 8. Outcome results

The author should maintain the privacy of patients while publishing the reports and excluded unnecessary details.

Discussion

This is the vital part of the study includes the extension of the introduction and case report on actually what the problem addresses. It should be crystal clear to make our study worthy of publication. This

should be followed by discussing some other articles that support our theory and outcomes. This literature review makes us noteworthy and provides evidence to convince the journal for publication. It conveys our topic with proper proof to the readers. Citing the references is important in this section.

CONCLUSION

Our study finally ends with the conclusion part. It includes the key points of the topic and the author's perspectives on how to overcome them. It should short, straight forward and informative to the readers.

Informed consent

Patient informed consent is a valuable note and mandatory for the author to publish his/her article. It is a requirement for studies involving human subjects. If for case report on children, parental informed should be taken. For psychiatric cases, guardian or family member's informed consent was required to publish the study legally. Wherever pictures or photographs are needed to address the issue, be careful about the identity of the patient.

REFERENCES

- [1] D Volk Land and R L Iles. Guidebook to better medical writing. 1997. Washington, DC, Island Press.
- [2] Richard A Rison. A guide to writing case reports for the Journal of Medical Case Reports and BioMed Central Research Notes. *Journal of Medical Case Reports*, 7(1):239–239, 2013.
- [3] Guidelines To Writing A Clinical Case Report. *Heart Views*, 18(3):104–105, 2017.

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Cite this article: Jayachandra Reddy P. Demonstration for the Presentation of a Clinical Case Report/Study. Future J. Pharm. Health. Sci. 2021; 1(2): 77-78.



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